

Quick Guide

Post-op Cataract (POCAS)

Overview

Community-based, locally funded service for review of patients following uncomplicated cataract surgery.
Aim: Enable patients to have review within local community practice.

Patient Eligibility

- Patient aged 18 and over and registered with SEL GP
- Patients who have had uncomplicated cataract surgery at approved provider within the last 6 weeks.

Patient Source

- External – signposted via surgical provider (KCH trust, GSTT, ISP)

Service Delivery

- Consult takes place 4-6 weeks post-surgery (GOS can be carried out simultaneously if appropriate)
- Consent for service
- History and symptoms
- Vision, refraction, visual acuity (with pinhole if reduced) for both eyes
- Assess for post-op complications including fundus exam (dilation if required, OCT where indicated)
- Record patient satisfaction
- Onward advice and management dependent on clinical findings
 - If eligible to proceed with 2nd eye cataract surgery, discuss refractive outcomes, risks and benefits of surgery

Service Outcomes

- Discharge from service – uncomplicated 2nd eye or 1st eye, but does not want/need 2nd eye surgery
- Refer back to surgical provider – post-operative complication found or for 2nd eye cataract surgery

Service Requirements

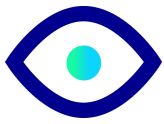
- All episodes must be recorded on Outcomes platform & Surgical Provider interface, where available
- Equipment: access to Outcomes & eRS; Distance & Near test chart; Appropriate ophthalmic drugs (staining agent, mydriatic); Slit-lamp biomicroscope; Volk &/or BIO
- Practitioner: GOC registered, SEL COTS approved optometrist
- Practice: SEL COTS approved practice

Surgical Provider Communications

| Provider | KCH sites | GSTT | Spa-Medica | CHEC | Other ISPs |
|-----------------------------------|--------------|----------------------|--------------------------|--------------------------------|--------------|
| All encounters | | Epic | Medisoft | CHEC dashboard | N/A |
| Post-Op complications (Routine) | e-RS | Epic | e-RS | e-RS | e-RS |
| Post-Op complications (Urgent) | e-RS | Epic | e-RS | e-RS | e-RS |
| Post-Op complications (Emergency) | Direct email | Direct phone | Direct phone | Direct phone | Direct phone |
| 2 nd Eye | e-RS | Epic | e-RS | e-RS | e-RS |

e-RS Tips

- All information is for the correct relevant patient
- Referral letter contains all relevant information as per service delivery
- All relevant associated documents/images are attached
- Action requested and **original surgical provider** is clearly identified



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Referral Guidance and Timeframes

| Emergency | Urgent | Routine |
|--|--|---|
| Same day Via direct | Within 4 wks Via e-RS/Epic | Within 3 months Via e-RS/Epic |
| <ul style="list-style-type: none"> -Suspected endophthalmitis -Severe uveitis -Shallow anterior chamber (wound leak, serous/ hemorrhagic choroidal effusion, pupil block) -Iris prolapse -Peaked pupil -IOP >=30mmHg -Retinal detachment/retinal tear -Wound closure problems | <ul style="list-style-type: none"> -Cystoid macular oedema -Corneal oedema- mod/severe Descemet's membrane folds -Unexpected IOL displacement -Persistent mild/moderate iritis -Severe Diabetic retinopathy -Drop allergy -Capsular block syndrome (in absence of pupil block/high IOP) -Proliferative diabetic retinopathy within 2 weeks (with or without DMO) -DMO (without proliferative disease) within 4 weeks | <ul style="list-style-type: none"> -IOP 24-29mmHg -Significant symptomatic PCO -Refractive surprise >1 diopter spherical equivalent -Refractive surprise <1 diopter spherical equivalent where patient unhappy with outcome -Suspected glaucoma -Anterior capsular phimosis which affects VA/VF and patient has subjective concerns re the above. -Chronic post-operative ptosis (with superior VF defect or cosmetically unacceptable) -Moderate/severe non- proliferative diabetic retinopathy (routine to MR) -Patient unhappy with outcome |

Emergency Contact Information

| Provider | Contact Details |
|------------------------------|--|
| KCH Denmark Hill | Kch-tr.earlyreferralservice@nhs.net |
| KCH Queen Marys or Orpington | Kch-tr.qmsrapideyeservice@nhs.net |
| GSTT | 0207 188 4336 |
| Spa-Medica | 0330 058 4280 |
| CHEC | 0344 264 4162 |
| ACES | 0333 188 2937 |
| Circle | 020 8108 3269 |